

Week 1-**WHAT IS UNIQUENESS?**

Every person is unique. But how do we know that unless we learn about others first? Maybe your favorite color is green but unless you know that some people like red, and others like blue, you will never really know just how unique you are! That's why this month we are going to take time to learn about others so we can know more about ourselves.

WHAT ABOUT YOU?

Now, let's talk about some of our favorite things. Have one person start by saying his or her favorite color and asking the person to the left, "What about you?" After that person responds, he or she will then ask the next person and so on. Come up with two or three other favorites so each person has a few turns. Were any of the favorites the same all the way around? What did you learn about each other?

Week 2-**HOW HAVE WE SEEN IT IN EACH OTHER?**

One of the best ways to practice uniqueness is by first spotting how others around you are unique. Can someone in your family make a really good pig snort? Can another person wiggle his ears or touch her tongue to her nose? Take a minute to point out one way each person is unique.

LEARN MORE

You may think you already know everything there is to know about each other. But this week, challenge each other to ask questions and investigate to find out something extra unique about another family member. Ask questions like "What's your favorite room in the house?" or "What is your favorite holiday?" to spark some unique conversations!

Week 3-**WHY IS UNIQUENESS IMPORTANT?**

Start this week by saying you are going to have a coloring contest – but you only brought green paper and green crayons because green is your favorite color! Pass out the supplies and give each person a couple minutes to produce a masterpiece. Would it have helped to know what everyone else's favorite color is? Talk about the potential variety of finished products if only you had thought to bring an assortment of favorite colors.

Week 4-**WHAT HAVE WE DECIDED ABOUT IT?**

We have heard all our lives that we are "unique" or "special" but until we see all the ways people around us are unique, we can't begin to appreciate our own little gifts or quirks. As we learn about others, we are learning about ourselves at the same time. Have each person discuss what they learned about themselves this month by investigating others. Maybe one person realized that not everyone could roll their tongue. Or another family member discovered an aversion to cold weather. Either way, you probably ended up learning a lot about yourself by trying to figure out how each person is unique!

WRAP IT UP

Present a cup with each family member's name on a folded piece of paper inside. Have each person draw a name and write or say 3-5 unique qualities he or she learned about that person this month.



**November
Take Home
Sheet**

UNIQUENESS

*learning more about
others so you can
know more about
yourself*

